Support Group

by

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## INT. SUPPORT GROUP - DAY

The room is bare and grey. A group of 10 tattily dressed ADULTS of all ages and both sexes including a muffin carrying JAMES sit on chairs in a circle. He sits immediately on the left of COUNSELOR (40). The latter is smartly dressed and has a kind face. JAMES bites his muffin.

COUNSELOR

Hello group! Welcome to the first part of the addiction support program! As you may know, I was once an addict myself and I have turned my life around!

Everyone claps and says 'Hello counselor!'

COUNSELOR

To start things off, let's hear all your names and the reasons you're here as we go around the circle!
Mine's Barry! Let's go right to left.

HANK

Hank, here. I've been an alcoholic for 20 years.

JAMES

Noob.

COUNSELOR

I'm sorry?

**JAMES** 

Is that all?

COUNSELOR

All the people here have the exact same right to be here as you.

HANK

Here here.

**JAMES** 

Oh yeah? My own mother bought me chocolates when I was only five years old! Not only that, I was given them on my birthday of all times!

COUNSELOR

What do you mean?

What do I mean? I mean if my mum really cared, she'd have bought me those nunchucks I was interested in. How are you supposed to defend yourself with sweets? I have a warped view of looking at the world because of the way I was raised.

COUNSELOR

How do you defend yourself? Are you speaking from experience?

JAMES

Yep. It was a football riot. They were carrying baseball bats, all I had was some Dairy Milk. I mean your mum is supposed to be trustworthy, right? Absolutely not, I found out the hard way. A complete disaster obviously. And if alcohol is so bad, why it legal?

JAMES finishes his muffin, teary eyed.

COUNSELOR

Chocolate is legal too, James.

**JAMES** 

Then why do I have to import it from Belgium?

COUNSELOR

All of it?

**JAMES** 

Some of it.

COUNSELOR

Is Belgian chocolate more addictive than regular chocolate?

**JAMES** 

Yeah!

COUNSELOR

I see. Anywho, let's welcome our next quest!

SPONG

I'm Spong. I turned to drugs the moment I realised my parents gave me a silly name. That's when I was five.

I get you, man. My parents called me James Ian Zack Ziegler. I only found out what it meant a few months ago, and I'm still not over it. What really hurt was all the trouble they went to giving me my name. My mum's surname was Peterson, and my dad's was Smith.

JAMES takes a bar of chocolate from his pocket.

JAMES

Dammit, it's melted.

ANDY

I'm Andy and I'm a drug user.

JAMES opens the wrapper anyway and takes a bite.

HANNAH

I'm Hannah and I'm a drug addict.

JAMES'S face lights up.

**JAMES** 

That's a palindrome right?

HANNAH

Sure is!

**JAMES** 

Yeah, well at least some of the people here have real problems.

HANNAH

I'm sorry?

JAMES

You don't know how lucky you are.

COUNSELOR

James!

**JAMES** 

I once said I wanted to be called Hannah, then I realised what I said. I got attacked again, and all I had was a Yorkie.

SPUD

I'm Spud. I have to eat five potatoes every day.

Sorry Spud, that's too bad. But I eat hash browns in packs of around 15. They're mini hash browns, but all in all it's still a lot. If I don't get the 15, I eat another muffin.

SPUD smiles warmly as JAMES takes another bite.

**JAMES** 

And if I don't eat the muffin, I start a fight. But not with nunchucks, no no, my mother couldn't do that for me, I start a fight with Toblerone or a Bounty.

JULIE

I'm Julie and I'm addicted to drugs.

JAMES finishes the chocolate.

KEEMA NAN

I'm Keema Nan and I'm addicted to joyriding, graffitiing and palindromes.

**JAMES** 

Yet Hannah thinks she has a problem.

KEEMA NAN

Exactly.

**JAMES** 

12321, 1221, 12344321, it's a hell that never ends. But for Hannah to get her fix, all she has to do is be Hannah.

DAN

I'm here because I turned to alcoholism because of James.

**JAMES** 

Hi, Dan.

DAN

Don't look at me.

BEN

I'm Ben. I'm here because James gave me a muffin and I can't stop eating them.

I didn't know you'd get addicted, did I? You know why I gave you the muffin?

BEN

Why?

**JAMES** 

Because it was well past its sell by date. I thought it would be horrible.

BEN

Oh ok. You're a good man.

**JAMES** 

We may seem like we have similar addictions Ben, but I clearly have a better sense of taste.

JAMES picks some Ferrero Rocher from his trousers.

**JAMES** 

This is the special stuff...

COUNSELOR

Ok, that's everybody introduced. The next part of the meeting is all about coping mechanisms. Does anyone here have some good strategies they'd like to share?

**JAMES** 

Eat more muffins!

COUNSELOR

Coping strategies on how to avoid your addictions?

**JAMES** 

Give them to Ben!

COUNSELOR

Strategies that are best for everyone?

**JAMES** 

Go to the gym?

COUNSELOR

Right! Yes, go to the gym. Fantastic!

**JAMES** 

Do you know the address of my local gym?

COUNSELOR

No...

**JAMES** 

121 Tree Road.

KEEMA NAN

Oh no!

COUNSELOR

Distract yourself Keema Nan!

KEEMA NAN

The number's so beautiful!

**JAMES** 

So good.

JAMES eats some chocolate casually.

COUNSELOR

Go to another gym.

**JAMES** 

All the gyms I know sell muffins.

HANNAH

The one I go to sells drugs.

COUNSELOR

No, you definitely want to stop going to that one...

**JAMES** 

There are so many other chocolates at my gym, too.

COUNSELOR

I don't care! Just go for a run!

KEEMA NAN

I've graffitied palindromes everywhere.

COUNSELOR

YOGA! Do yoga! In a place you haven't vandalised!

**JAMES** 

If I see people doing yoga, I have a panic attack and start crying...

COUNSELOR

Why?

It's too healthy. Not chocolatey enough.

JAMES finishes the chocolate.

COUNSELOR

Going to the gym isn't healthy?

**JAMES** 

No, I just stand around eating omelettes. The gym do great omelettes. I still go there technically speaking, though.

The door opens. The DOMINANT EGG bounces up and down towards JAMES. The EGG then sits on JAMES'S lap.

DOMINANT EGG

Hello! Dominant Egg here! Missed anything good?

COUNSELOR

James was just talking about eating eggs...

**JAMES** 

Ha. Good one.

DOMINANT EGG

James does NOT eat eggs!

DAN

He does at least a little bit...

**JAMES** 

So do you!

DOMINANT EGG

So? What do you mean so? You both do?

BEN

Errr...

DOMINANT EGG

You monsters! I thought you were coming here for harmless reasons! Maybe eating too much chocolate!

JAMES sheds a tear.

**JAMES** 

That's true! I wouldn't call it HARMLESS it's a disease, but that's why I'm here...

DOMINANT EGG

... And all this time you've been murdering birds!

COUNSELOR

Eating murdered birds...

**JAMES** 

Not quite as bad...

DOMINANT EGG

YES IT IS!

COUNSELOR

Would you like to explain why you're here, egg?

DOMINANT EGG

Screw you!

COUNSELOR

Please do. We're all fascinated.

DOMINANT EGG

My parents were addicted to seeds and I worry I will have the same problems.

COUNSELOR

Stay away from seeds maybe?

DOMINANT EGG

Yeah, maybe. James?

**JAMES** 

Ye...

As JAMES opens his mouth to speak, the DOMINANT EGG flies into it. Everyone watches in horror.

HANNAH

He chocking him! He's choking him!

JAMES falls to the floor and goes blue. The COUNSELOR does CPR and the EGG flies out of JAMES'S mouth. He then bounces away and leaves the room. JAMES sits back down.

**JAMES** 

All better now.

HANK

Is that really what sugar addiction does to people?

What do you mean?

HANK

You're a loon.

COUNSELOR

People need to be warned ASAP.

**JAMES** 

Told you.

SPUD

You want another muffin James? I can get you one. No questions asked.

COUNSELOR

No!

SPONG

Now that I know how bad muffins of all things can be, maybe I'll stay off drugs for good.

ANDY

That's a good point actually.

Everyone mumbles in agreement.

COUNSELOR

Really???

HANNAH

Yeah!

COUNSELOR

Oh. Good. Meeting over then?

HANNAH

I guess.

DAN

Huh.

BEN

Wasn't expecting that.

DAN

Me neither.

BEN

That ended very suddenly. And in a positive way, too.

COUNSELOR

Right...

BEN

Bye.