

My theory was that beer helps with heart attacks, because it relaxes you. Makes sense, but A.I. has some pretty strong opinions about that! Not only does the drink keep the need of a paramedic, it actually makes the problem worse! I know it makes DRIVING worse but I have heard that drinking wine in moderation can be good for you, which is perhaps where I got my alcohol-heart attack theory. Aspirins are good for you if you're having an attack apparently, but they just don't taste as nice as the drinks just mentioned. What to do about that? Don't worry, I have an idea: Fruit flavoured aspirins! However, there is a problem. In America, there have been cases where people overdosed on vitamins as they were in the form of 'gummies' (I just call them 'sweets') and they tasted TOO good. It's complicated this medicine business, isn't it? The anti-drooling meds I take before going to bed taste really bitter which sounds like a good idea to prevent taking too many of them (not sure why you'd want to unless saliva is flying out of your mouth), but maybe not so much a good idea if you enjoy chocolates made with 80% cocoa or over. Again, complicated... My advice? Don't make them nice OR bitter, but make them completely flavourless. Who enjoys the taste of nothing?? If you do, you must be the easiest person to please on the whole planet! In a way I envy you but at the same time, I will worry about you when you're around meds with no flavour. Don't worry, they don't exist and neither do you.

I was also thinking how close medieval remedies were when doctors put wine on people's wounds, if they made the drink stronger it would actually work as a disinfectant! Apparently no wine is strong enough to do that. I guess it was for the best ancient people weren't drinking 80% proof alcohol though, because they probably would drink it if they could get their hands on it. I'm just saying that because soldiers have been known to get drunk off I think antifreeze or something like that from tanks. Dead soldiers and tanks with no antifreeze, you can see how generals would be angry about that. They'd probably have heart attacks, but how to treat them? No alcohol they understand the dangers (or really should do...), so how about gummy aspirins? Sure they'll feel silly, but no one needs to know. That's Simon's Gummy Aspirins for Generals! Whoops, I've advertised it even though I just suggested I shouldn't. Business is complicated, too. King Henry VIII had a very serious leg injury after a jousting incident. First up, whoever knocked him off his horse must have some very mixed feelings, I'd imagine pride and terror. Second, all the king needed was some concentrated alcohol. He'd be kicking himself, if his leg wasn't so badly injured. I get why people never experimented enough with putting wine on wounds (apparently) though, as it does sound like the waste of a good drink. You might as well just burn money and put the ashes on a wound, that would get you some very strong reactions.

Let's cheat and ask Google what medical conditions drinking alcohol is good for... Oh, apparently alcohol is 'NEVER recommended for self-medication of any condition.' That surprised me a little as again, it is relaxing isn't it? It really is used for nothing at all? Hm. And you can smoke cannabis for some conditions? Very strange. I've been informed by the internet that in the past, alcohol was used as an anaesthetic but not any more as there are better options, now. I guess it would be strange if a paramedic asked a patient how much pain he was in on a scale of 1 to 10, he said '10' and then the medic said 'wow... you'll need a LOT of vodka...' Counterintuitively, alcohol doesn't help with seizures either, you'd think the drink would make you sleepy, actually the drink can trigger the condition. I think we can all

conclude that I should stay well away from any idea of working in the healthcare/ medicine professions. It's not really an issue though, as no one has ever asked me to be a doctor, etc. Psychiatric doctors have wished that I'd leave their presence though, which is close, though. No on second thoughts, it's not very close at all is it? Right, to sum up (and beef this paragraph up), if you're having a heart attack, don't simply have a beer or 'even better' some vodka, don't pour vodka on wounds and hope for the best, and try to convince generals to embrace their childish side by giving them gummy bear aspirins during heart attacks triggered by rubbish soldiers. And that's it from me, bye!