

Everyone finds different things boring. I for example, find formula 1 to be fairly boring. What do you do? My first thoughts were to make the cars faster, but then it came to me. Rather than doing that and making the drivers more skilled, you partially go the other way. Keep the fast cars, but tell the NEW drivers you randomly find on the street how to drive them, and crucially, that's all. Let them work the rest out of themselves. That's exciting racing and it would sure make gambling more fun. If you disagree, still keep the noob drivers and make the cars faster still. And after that refreshing warmup, let's go!

Boredom level 1. (No biggie): Putting on socks.

If you can't be bothered to put on socks, there is something massively wrong with you obviously. If so, you just have to give yourself something to look forward to. Picture your feet being nice and snug, the nice warm feeling in your toes, the pride of getting that patch on the sock's heel to line up with your own heel. Entry level stuff in many ways, but very important to master. Good luck. :)

2. (Just a hint of boredom): Brushing teeth.

So, you've aced putting on your socks. Where do you go from there? Do you give yourself a break? Maybe treat yourself to a fancy restaurant? NO! It's just a routine part of life you have to get used to! Neglect brushing your teeth and expect much dental pain, not just in the dentist's but in everyday life. And you know that gel dentists put on your gums to numb the pain? It doesn't do anything.

3. (A little bit boring): Trying to think of things that are boring.

Focusing on such a subject is kind of painful for me, let's be real. I could be describing James's whacky adventures, instead I repeatedly get the thoughts 'why is my life boring, why is my life boring?... Oh yeah. That's why', which sucks. They are the kind of thoughts psychiatrists call 'negative' and ones people should talk about. But I don't, in case I draw even more attention to myself. You wouldn't think it possible.

4. (Getting boring now): Eating loads of dates for the sake of being healthy.

The thing with dates is that some simply don't taste very nice. Too soft OR hard, and eating them just isn't fun. If the world was perfect and all dates were perfect, great. But until someone makes the world perfect (I haven't a clue WHAT to do) there will always be many fruit out there that have the texture of socks. Wear a sock, fine, but don't put one in your mouth. You should have aced that a while ago.

5. (Boredom mixed with mild depression): Trying to think of things that are boring, but not being able to think of anything for about half an hour. Writer's block!

I'm just saying some writers write 2,000 words a day and most of the general population can list a good few things they find dull with ease. There's paying taxes? Ahhh, but that's not dull, that's annoying, isn't it? I guess this list writing business is harder than I just assumed. Nope, actually how about gardening? Well that's boring

AND annoying and there is no such emotional state. And I'm not just saying that out of laziness. ;) Also, I don't do any gardening so I'll move on.

6. (Boredom mixed with annoyance): There is no boredom mixed with annoyance.

Real 6. (Boredom mixed with frustration): Repeatedly proofreading short stories.

Slightly different than annoyance. Is it? Maybe not. I dunno. Whatever the case, proofreading tales is the least enjoyable part of the working month for me, which is one reason why I don't write more stories. Yep, I much prefer doing stuff like THIS. The lesser of two evils. Well, I hope my writing isn't evil, a bit unusual at times maybe, but not as bad as murder.

7. (Boredom mixed with frustration blamed on other people): Waiting in traffic.

I just think boredom is worse when it's not your fault. I'm driving along in my car like a respectable if accident prone-attracting motorist, and THEN there are roadworks for more than likely a very dumb reason. You know what I think causes the majority of road works? Irritating teenage internet trolls who have 'grown up' and found their ways into construction.

8. (Boredom to the point of giving up): Writing scenic details in stories.

No, I don't want to. I mean how do you describe a hospital, for example? Here's my attempt: 'Lots of rooms, very clean, nurses everywhere, injured patients moaning.' It's at this point I struggle with further ideas. Or how about describing a street? 'Lots of shops, lots of customers. A plane is seen flying overhead - very rare inside a hospital!' Dialogue on the other hand? Not so bad!

9. (Boredom mixed with wasted life): Now trying VERY hard to think of things that are boring. You'd think it would be easy, as my life is fairly boring!

Yep, this monologue took some time to write and lots of the process had a hidden darkness to it. Thoughts such as 'nooooo' and 'whyyyyy?' were common. Maybe that's normal for writers. I'm just saying a McDonalds employee only cooking nuggets every half hour and taken lengthy breaks would be fired immediately.

10. (Genuine waste of life): Spending three hours trying to come up with a joke, but with no success.

That day really sucked and there is little more to say. A good three hours sitting down. I got some good chair practice though, right?? No, not even that, I was sitting on the floor. :(

11. (Genuine waste of life that could hint at insanity): Waiting for bananas to ripen.

Want my advice? Do something else as you wait, you can't just stare at fruit for days

at a time. The only exception is if someone locks you in a room with some fruit. THAT'S dark. Luckily the problem is usually easily solved - do something else!

12. (Full blown waste of life with full blown insanity): Waiting for my dad to do something nice.

Personally, I'd rather wait for bananas to ripen. On the plus side, healthy foods!

Right, there are 13 things that at least slightly annoy me, 11 things that make me happy and 12 things that bore me to various degrees. What does that say about me? It seems to suggest I'm fairly well-rounded which is nonsense. It does however, prove I like numbers greater than ten. Not a particularly useful piece of information there. Needless to say, if that's the only thing you get out of a psychological evaluation, you're getting fired, too. And.... bye!