Art Therapy

by

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JAMES is sitting at a table with a large number of crayons and blank pieces of paper in the centre. He has a crayon in his hand and paper immediately in front of him, as does AARON, a scruffily dressed 30 year old with a burnt face. A male ART THERAPIST (30) is also seated. He is wearing a striped black and white jumper and an OTT fake mustache. He stares at JAMES'S paper.

ART THERAPIST

Don't be shy. Draw anything that comes to mind.

JAMES

No.

ART THERAPIST

Why not?

JAMES

You'll know what I'm thinking.

ART THERAPIST

Relax. Just remember there are no right or wrong things to draw...

JAMES

What about me drawing my friend Dan?

ART THERAPIST

That sounds harmless enough to me...

JAMES

Yeah, but I'm mugging him then chaining him to a tree. Is that wrong?

The ART THERAPIST is pokerfaced.

ART THERAPIST

I'm not here to judge you.

JAMES

SO... it wouldn't be a bad thing to draw?

AARON is cool.

AARON

It would be controversial and all good art is controversial...

Yes. Exactly. But you must remember not to ACTUALLY mug people.

JAMES

Or chain them?

ART THERAPIST

Right.

AARON

Jeez, you can't do that either?

The THERAPIST is unintentionally patronising.

ART THERAPIST

No, Arron, no.

AARON

Please.

ART THERAPIST

We've been through this! Be nice to people!

AARON

Everyone has a different interpretation of the word 'nice' though. Some people like the sun. Others like the rain. I on the other hand like to wear a mask, whisper random words into people's ears then run away.

ART THERAPIST

Yes, but how would you like it if someone did that to you?

AARON sighs.

AARON

James did that to me first, that's where I got the idea from...

ART THERAPIST

Is that true James?

JAMES

I really can't do anything right, can I?

ART THERAPIST

Is that what you did to Dan?

JAMES

Yes all the time, but he started it!

ART THERAPIST

How?

JAMES

Do you know how many seconds are in a thousand years?

ART THERAPIST

No...

JAMES

It's a lot. A gazillion. And Dan took a one in a gazillion event away from me by coving my eyes with his hands as I was about to watch the very first second of the new millennium.

ART THERAPIST

And that was extremely painful for you?

JAMES

Yes.

ART THERAPIST

Why?

JAMES

I don't know.

ART THERAPIST

How would you respond if I said that was huge over reaction? And stupid?

JAMES whispers into the ART THERAPIST'S ear.

JAMES

Cheeeese.

He sits back down.

ART THERAPIST

What was that?

JAMES

You heard.

ART THERAPIST

Were you trying to freak me out?

JAMES

Yes. And it worked.

I didn't like it. It wasn't nice.

JAMES

I don't think your jumper is nice, you look weird.

ART THERAPIST

It's to lighten the atmosphere.

AARON retrieves a crumbled piece of paper with a rubber band attached from his pocket. He un-crumbles it and puts it on his face. The mask is circular. It two eye holes and it is smiling excessively. It looks like it was drawn by a five year old.

ART THERAPIST

Not this again, Aaron!

AARON whispers in the ART THERAPIST'S ear.

AARON

Badgers riding unicyclessssss.

AARON sits back down, takes his mask off and pockets it. He looks like a load has been lifted from his mind.

ART THERAPIST

Do you know where you got the phrase 'badgers riding unicycles'?

AARON

You look like a badger.

ART THERAPIST

I do don't I? And what about unicycles?

AARON

Uni means one... And you know... It's hard to explain.

The THERAPIST ponders.

ART THERAPIST

You're implying I'm a selfish person?

AARON

Right, right.

ART THERAPIST

And what do I do that's selfish?

AARON

You won't let me wear my mask!

You wearing your mask in the way you do is a felony. It's not on. What would happen if you wore it to a job interview?

AARON is wild-eyed.

AARON

Oh my God, best idea ever!

JAMES

Too good.

The THERAPIST grinds his teeth.

ART THERAPIST

It is not the best idea ever!

JAMES

What's your ideal job, Aaron?

AARON

A welder could work...

ART THERAPIST

Because of the mask?

AARON

Exactly.

The THERAPIST is overly calm.

ART THERAPIST

This is very serious. Have you ever worn that paper mask whilst welding?

AARON

All the time...

ART THERAPIST

Oh dear God. How is your eyesight?

AARON

Pretty bad.

ART THERAPIST

Did anyone see you welding with your mask on?

AARON

Yes, that was the whole point...

I can only imagine what that must have looked like...

AARON

Then my mask caught fire and I carried on...

The ART THERAPIST looks serious.

ART THERAPIST

Thank you. I needed to know that.

AARON

Yeah. And then I removed the mask and my face caught fire shortly afterwards. It was at that point people were really upset, but still, not quite as much as me.

JAMES

You didn't know about that already, teacher?

ART THERAPIST

No, I don't know for sure why anyone is here. Patient confidentiality. Of course I know some things, especially the things you tell me, but not all things.

JAMES

Really? So you didn't know I was here for being too awesome?

ART THERAPIST

Is that a fact?

JAMES

Yep. Too much of anything is bad, isn't it?

ART THERAPIST

What's your diagnoses?

JAMES whispers in the ART THERAPIST'S ear.

JAMES

Pigeooons.

JAMES sits back down.

ART THERAPIST

I'm just going to ignore that.

JAMES

Ok, I tell a lie. I'm actually here because I can't stop crashing vehicles... that kinda aren't mine...

ART THERAPIST

Oh.

JAMES jolts.

JAMES

Oh no, I forgot!

ART THERAPIST

What?

JAMES

My podcast! I'm supposed to be appearing as a guest on it in just a few minutes...

ART THERAPIST

How?

JAMES

Mobile phone ...

ART THERAPIST

I suppose that can be arranged...

JAMES

And I want Aaron to appear on it, too. It would mean a lot.

ART THERAPIST

Why?

JAMES

It's not because he'd freak out Dan.

ART THERAPIST

Oh. Ok...