Weekly Diet 20/07/2021, 11:50

Believe it or not, I don't just eat Papa John's pizza and sides. So what's the food routine I mostly stick to? Interestingly, I almost always get food from the local petrol station. It's the petrol station diet, if you will. 'But Simon, petrol stations specialise in fuel. You're not resorting to buying substandard food are you?' Nope. Not at all. Let's goooo.

Curry

I've explained in another blog how petrol station curries are underpriced. The first time I bought one, I really was expecting a product that wasn't so good. If the meals were more expensive, I'm sure more people would buy them for that reason. Call me a reverse Robin Hood in this case, but I'm not a full blown one. I'm not the kind of person who breaks into homeless shelters and gives the queen sleeping bags as gifts, but I'm sure a lot of people would be annoyed with me, if I gave my business advice.

Curry slice (Now discontinued, it seems)

My local petrol station really does do curry in general very well. Sadly you can't get the sliced version any more, though. Why? I don't know. Maybe they were underpriced, too. I know people are going through hardship in these Coronavirus times, but it's time to metaphorically visit the homeless shelter again. :(

Chicago Town pizza slices (very rare)

Chicago Town claim people like their products more than takeaway pizzas, but as these are ALSO takeaways technically speaking, that's a paradox. Think about these foods any more, and madness is your destiny. It may bring you peace of mind if I point out you can also buy them frozen in supermarkets. In that case they're not takeaways, but again, apparently they are takeaways sometimes and they simultaneously taste better than takeaways. :S

Lasagne

Perhaps the most complicated meal in this whole list, yet it's one of my least favourites. I guess I just like (relatively) simple food. Simple Simon. -_- Stupid nursery rhyme.

Bolognese

As far as I'm aware, bolognese is pretty much the same as lasagne, the pasta is just in a different shape and you don't get cheese. Why DO Italians have different names for different shapes of pasta? You have tagliatelle, bucatini, orecchiette... Who cares?? I'm reminded of a desperate, failing food-tech student making three 'different' meals, by varying the length/thickness of the ingredients used. Don't be desperate, give it a try.

Steak pie

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Having said I like simple foods, I don't like steak quite so much. I mean it's ALRIGHT, but it's just a slice of beef. Is that something to be excited about? In comparison, how would you feel if you commissioned a work of art, and someone went super-minimal and just did a load of colourless brush strokes? That's how I feel about steak.

Chicken pie

I'm not so keen on the chicken pies. It's just chicken, pastry and a mystery sauce? Come on. Why aren't you curried?

Pasta (cold)

If you thought the Italians weren't really trying before with their rehashing of material, this time they're not even bothering to heat things up! 'Oh, throw some salad in with it. No one will care...' You know what? I don't care. It's actually pretty good.

Hot pasta with cheese inside

Cheese inside pasta? Now that's clever. It's arguably showing off, as cheese outside pasta tastes no different, but at least the Italians are trying. Granted, they're working with pasta for the fourth time now, but you know what? I like pasta.

Hot pasta with spinach inside (basically tastes the same)

Pasta part 5! The Italians are showing off again, but in a slightly healthier way, this time.

I don't ALWAYS get petrol station foods! On occasion, I also get supermarket....

Noodles!

What's the difference between noodles and pasta? Is there a difference? It seems China are almost obsessed with simple flour-based foods as the Italians. Am I missing something here? Then again, English people are known for eating chips all the time. You know what I think the best meal ever would be? Chips and pasta.

Pizza

It seems Papa John's and elusive Chicago Towns aren't enough. Once a week, I get myself a supermarket pepperoni pizza. Can't go wrong with pizzas, really. Bad pizzas are almost unheard of. I only remember eating one. (Excluding the pizza I tried to make in school. That wasn't so good).

Ok! They're pretty much the only meals I eat! Not particularly healthy, but I eat a lot of grapes, so... And.... Bye!