

Did you know not all mental people are aggressive? No, there are some crazy people out there who are just pathologically weird. You see them alone, counting to a million and you say 'hello' to them to ease the tension. Next thing you know, they ignore you can keep on counting, then when you try to join in, they count some more. That may sound like the description of a very specific person, that being the Youtuber who did indeed count to a million, but actually 1% of the population has SPD. Not in the extreme (don't worry, you'll be reading about the extreme if you're curious), that has to be much much lower, but still, there are people out there who kind of make you think... 'Would maybe go karting cheer you up a little??' Now take the test below to see if you have the condition!

1. Which of the following sums you up the most?

- A. I love being around people, party, party, party!! (0 points)
- B. I like being around people, but prefer not to party too much. (1 point)
- C. My idea of a party is standing alone in a field and eating a burger. (2 points)
- D. The thought of being around other people makes me throw up, which is why I'm so thin. (People with SPD are often thin, so there you go!) (3 points)

2. Which of the following activities do you enjoy? (Tick all that apply)

- A. Sitting in solitary confinement and staring at the ceiling. (2 points)
- B. Counting to a million. (Whilst alone). (2 points)
- C. Fantasising about being alone whilst with other people. (1 point)
- D. Fantasising about being alone whilst alone. :S (3 points)

3. Someone steals your birthday cake. How do you react?

- A. It doesn't matter too much, party, party, party! (0 points)
- B. Either with anger or sadness. (1 point)
- C. I am annoyed but I don't like eating, anyway! (2 points)
- D. ... (3 points)

4. Someone steals your car. How do you react?

- A. How do I drive to the party, now?? (0 points)
- B. With a lot of anger or sadness. (1 point)
- C. With about the same amount of emotion most people would get from a stolen cake! (2 points)
- D. ... (3 points)

5. Someone burns your house down. How do you react?

- A. You have a panic attack, then have a party. (0 points)
- B. You have a panic attack without the party. (1 point)
- C. I'm slightly fed up now. (2 points)
- D. ... (3 points)

6. You hear the world is about to end. How do you react?

- A. You mainly feel sad there will be no more parties. (0 points)
- B. You have a panic attack and spend your last moments with friends and family. (1 point)
- C. Oh good, no more parties. (3 points)
- D. ... (3 points)

7. Which of the following DON'T sound like fun to you? (Tick all that apply)

- A. The thought of no parties. (0 points)
- B. Partying. (1 point)
- C. Having any fun. (2 points)
- D. Swimming in a pool of money, 3 michelin star curry sauce, and kittens. (3 points)

8. I find it hard to express...

- A. Complex feelings such as a mixture of happiness, sadness, anger and anxiety. (0 points)
- B. I find it hard to express simple things such as my hatred of parties. (1 point)

9. You don't laugh at the following...

- A. Someone falling over. (1 point)
- B. A line of people falling over like dominoes. (2 points)
- C. A line a mile long of people falling over like dominos. (3 points)
- D. Come on, all of those things are very, very funny. (0 points)

10. You find it hard getting the motivation to... (Tick all that apply)

- A. Run an ultra marathon. (0 points)
- B. Party. (1 point)
- C. Fill this quiz in properly, even though it's very likely making you look very mental. (2 points)
- D. Have someone else do something for you. (3 points)

11. You get called the greatest person in the world and an asshole immediately after. How do you react?

- A. Party! (0 points)
- B. Why?? (0 points)
- C. Anger or sadness. (1 point)
- D. ... (3 points)

0 points: You most definitely do not have schizoid personality disorder!

1 - 10 points: You could actually be perfectly normal!

11: My score. Just SLIGHTLY out of the normal range. :)

12 - 25: Lighten up!!

26 - 35: You are easily one of the most miserable people who has ever lived.

36 - 41: NOW you're the most miserable person ever.

42: If I called you a freak, would you be offended? Probably not.