

What are the best and worst sounds?? Unfortunately, I researched some on the internet for myself, and my list was more or less identical. Well I say unfortunately, at least it proves I'm at least slightly normal. Nothing too much to boast about, especially in a therapy session, but something to point out if you get truly desperate. Then I pondered a little harder and came up with examples that are a little more original. You'll probably be able to spot which ones are common and which ones are more specific to me right away. Here's a hint, the one coming up right now was most definitely not found online...

15th: A Man With A Machete, Screaming 'AAAAAAAARGHHH!'

The only sound on the list that can cause TRUE fear. Spoiler alert, but bees can cause fear as well and they're coming up - I don't know why I can't stop talking about them! But of course bees shouldn't really cause you terror. Unless you're allergic to them, then fair enough. I can only pray you find my bee jokes cathartic. As I'm not aware of anyone who has had an allergy to crazy people with machetes, I wonder what's worse to people who can't tolerate the insects. I just think it's a funny thought bees can be more terrifying than the person in the Texas Chainsaw Massacre!

14th: Crazy People/Deaf People/Assholes Scratching Blackboards

This one HAS to come near to last doesn't it? This one is truly awful. If it causes you PTSD like the machete dude would, then you're having a major reaction. I guess the prior example was a little extreme. But in my defence, last place is always a little extreme, no? Unless the list only features one example, but what kind of list is that?

13th: Tearing Sellotape Off Something

This one could just apply to me. It's weird because it never used to bother me, but when I was maybe 18 or something like that, I suddenly found it to be God awful. Maybe it's because I stopped enjoying opening presents at this age? Not true at all, luv 'em.

12th: Noisy Eaters

As my hearing isn't quite what it was, I may well be a noisy eater myself, but I said noisy EATERS didn't I? That's plural and in this case it means other people who aren't me. I didn't say 'Simon Wiedemann the noisy eater'. If I did, maybe an appointment with a local psychiatrist would be in order. I could explain I have low self esteem, but the doc would probably just say I should have.

11th: Pneumatic Drills

Do pneumatic drills really serve a purpose? It's just that Google says they're used on roads to drill holes in them. (Just as I thought). Why did I have to check that? Because I can't work out why creating potholes is useful! Just in case it came across like I was some kind of fool then, I Googled WHY people would want to drill holes in the road, and fair enough there was a reason. An in-depth reason. A logical reason. How embarrassing. But I bet some rogue construction workers do create potholes simply for the thrill of annoying people like me. No, I know it. It's at very least a

suspicion, anyway. It's a strange situation where someone is deluded about potholes and nothing else, but here I am.

10th: Hoovers

Loud, but I guess they serve a purpose. Most people simply don't like the thought of licking up old crumbs, dead spiders, bits of mud etc. from their carpet. I get that. The nutritional value is exceptionally limited, the quality of taste is beyond poor, and you may even end up ill. So go for it, use a Hoover!

9th: Bees

Ah, bees. Can't live with 'em, can't live without 'em. I wonder what would be worse: The threat of getting stung at any moment during a picnic, or the taking away of the freedom to have honey at any point in your life. I'm not too much of a honey fan, but I did have a great honeycomb Yorkie recently. It was a limited edition, and do you know what? That's a shame. So let bees stay.

8th: A Crackling Fire

Crackling fires can be just as dangerous as lunatics with knives (unless you're clever and tell the lunatic to attack someone else instead), so why do fires sound nice? Hm.

7th: Water

I read on the internet water has many sounds, and that's a 'good thing'. Running water and rain fair enough, but hissing steam? Why is that good? It sounds like a snake hissing, and that suggests danger. You have to wonder what's more dangerous, a snake that can't be reasoned with, or the machete guy. (Unless he's on drugs, then you really have to run). It could be the former, couldn't it? And in that case, I'd have point out that in a way, I'd prefer the sound of a dangerous psycho over the sound of water...

6th: Fizzy Drinks Opening

Ok, ok, ok, these sound like snakes, too. Do I have a problem with fizzy drinks? No. Unless it's a can of Coke, then I'd run obviously. I certainly do in my dreams.

5th: A Lovely Breeze

Breezes cool you down! It makes sense people like them. But what happens when you hear a breeze in Antarctica? Would it sound good then or would you just think '.... oh no...' A genuine question.

4th: Birds Singing

If breezes cool you down because they're (mostly) useful as I hypothesised, why do I like the sounds of birds? They're obnoxious idiots that poo on my car. We all know they do it on purpose.

3rd: Thunder

The heavy metal concert of weather! Has that been said before? It kind of rings a bell, at least. Maybe because it was me who said it ages ago. If I wasn't being original just then, let's call thunder the doom metal concert of weather. That IS unique because no one listens to doom metal.

2nd: Maynard James Keenan's Warm Soothing Voice

One of my favourite singers. Would you believe Slipknot's singer has a great voice too when he chooses to be more melodic?? We get it, you're clearly angry when you shout. But there are different ways to express anger. I hate to say it, but you kind of already do with lyrics such as 'KILL KILL KILL (expletive) KILL!' or whatever. I'd make an argument saying you're going OTT.

1st: The Sweet Sound Of Two Handed Tapping

If you're not a guitarist that last sentence probably confused you, so I'll explain. Usually guitarists use just one hand to fret notes on the fretboard, when you tap, you use two hands on the fretboard and something magical happens. You can play at super high speeds easily and super wide intervals even more easily. Wow.

To conclude, I just had to mention bees again, didn't I? I don't know why that is! :S You'd think I'd either hate or love them, the fact I put them somewhere in the middle of the list only makes things weirder. That causes me to focus on them more, and the cycle is quite literally never ending. Here's another bee joke for you: What's the difference between a group of symptoms and an adulterous bee? One's a syndrome, the other's a sin drone. Bye!