

PSYCHIATRIST: Good afternoon, James.

JAMES: Hello...

PSYCHIATRIST: I'm recording the audio of this interview on tape. Is that ok with you?

JAMES: Sure!

PSYCHIATRIST: I noticed a brief look of terror in your eyes, there...

JAMES: No, no, no. My eyes widened with excitement. No, that doesn't make much sense. Actually I widened my eyes on purpose to stop myself nodding off. I didn't get much sleep. No, wait. I...

PSYCHIATRIST: Ok, it doesn't matter. I understand you've been having some problems with the other prisoners, now you've been sent to jail, again... Would you like to talk about that?

JAMES: It's just...

PSYCHIATRIST: Yes?

JAMES: Errr.... Sorry, I don't know. I was actually expecting people to like me... I always thought of myself as cool.

PSYCHIATRIST: What goes on in your mind when you try... 'buying people'?...

JAMES: Lol.

PSYCHIATRIST: Just 'lol'?

JAMES: Yes.

PSYCHIATRIST: So you don't have any kind of goals when you try that?

JAMES: I DO want to own people, it's just that the thinking behind my actions is very limited. Had I thought about how to purchase people more deeply, maybe I'd have had more success. I'm an intellectual, and I guess sometimes my confidence in my abilities gets a bit out of control, sometimes.

PSYCHIATRIST: And what are those 'limited thoughts'?

JAMES: You know the phrase 'if you scratch my back, I'll scratch yours'? Surely that has to be true, otherwise people would give up trying after a day or so. Good point, no? As I said, intellectual.

PSYCHIATRIST: But surely you know you're in jail with people who aren't trustworthy? That's why they ended up behind bars.

JAMES: Ahhhhhhhhhhh.

PSYCHIATRIST: That's a shock to you?

JAMES: Thanks, Doc. I've made HUGE advances in terms of mental health, already.

PSYCHIATRIST: I'm sensing a very strange atmosphere. I'm getting the sense you're scheming...

JAMES: Is this interview confidential?

PSYCHIATRIST: Yes. Absolutely. This may come as a shock to you, but I'm only recording it for my personal entertainment. Friend.

JAMES: Great. I'm planning on buying people far more aggressively now. You're saying I have to screw people over, now?

PSYCHIATRIST: James, I'm getting more and more alarmed at your increasingly bad ideas.

JAMES: Do you know what my Enneagram type is?

PSYCHIATRIST: What?

JAMES: 5w4. Or maybe 4w5. Do you know why that means?

PSYCHIATRIST: The intellectual?

JAMES: Right. I'm not a 5w6, though. 'The loyalist' doesn't sound like me at all.

PSYCHIATRIST: I'm a five, too.

JAMES: Oh. So we're both right about the stuff we say?

PSYCHIATRIST: You do know mentally unhealthy people of that type are often deluded? To be blunt, they're described as 'dickheads'. Of course the information you find online doesn't say THAT, but it's clearly implied.

JAMES: What are your delusions, then?

PSYCHIATRIST: My mental health is fantastic. Yours on the other hand, is freakishly bad.

JAMES: Let's agree do disagree, fellow intellectual.

PSYCHIATRIST: Good, you've shown respect. We can build on that. Of course, it was disingenuous respect, but it's a start.

JAMES: ...

PSYCHIATRIST: For the record, James has winked at me. James, why do you hate pigeons?

JAMES: It's just a gut reaction.

PSYCHIATRIST: So how do you feel around them?

JAMES: I think deep down, it may be envy.

PSYCHIATRIST: Because they can fly?

JAMES: Right. And they eat lots of bread.

PSYCHIATRIST: That's a more unusual reason.

JAMES: Thanks...

PSYCHIATRIST: Why did you take that as a compliment?

JAMES: It made me feel special.

PSYCHIATRIST: I see.

JAMES: Sometimes I have dream where I peck at people.

PSYCHIATRIST: Is it a good dream?

JAMES: Yep. It's a fantastic dream where I peck people whilst flying. I feel so free. What do you think my dream means?

PSYCHIATRIST: Of course the analysis of dreams is very much theoretical, but it could be telling you that you're literally a prick.

JAMES: Are you trying to be funny?

PSYCHIATRIST: Unfortunately, no.

JAMES: Maybe it means I'm peckish. I do get hungry sometimes.

PSYCHIATRIST: It could mean that. In my expert opinion, it's probably both. James, I want you to promise me you're going to stay out of trouble. Do you think you can do that for me?

JAMES: What's in it for me?

PSYCHIATRIST: What's in it for you?

JAMES: Yeah.

PSYCHIATRIST: Well, er... If you stay out of trouble, you won't end up in trouble.

JAMES: Don't try and confuse me with cryptic sentences.

PSYCHIATRIST: I wasn't! Ok my wording was a bit weird. If you stay out of trouble...

JAMES: Yes?

PSYCHIATRIST: For the record, I'm giving James a thumbs up.

JAMES: Ah. THAT I understand.

PSYCHIATRIST: Well done. You've shown a kind of respect to me, and your ability to read body language appears to be almost normal. I really was expecting to make such breakthroughs after many months.

JAMES: Thanks, doc.

PSYCHIATRIST: For the record, James appears to be removing something from his pocket... Oh no... James. Why are you doing this? Just after I said you were improving!!

JAMES: An Aero. Brand new.

PSYCHIATRIST: Why are you offering me a bar of chocolate?

JAMES: I need you to psych out the other prisoners.

PSYCHIATRIST: What do you mean?

JAMES: Stare at them so they freeze, that kind of stuff.

PSYCHIATRIST: It appears to me that you think of me as some kind of wizard character...

JAMES: Right, right.

PSYCHIATRIST: You know what I suggest?

JAMES: What?

PSYCHIATRIST: Try being nice people. Not by buying them chocolate, but maybe you could say... errr...

JAMES: 'Nice nose. Not too small?'

PSYCHIATRIST: No, not THAT but...

JAMES: Nice feet?

PSYCHIATRIST: Maybe you could find some sort of connection with your fellow

inmates?

JAMES: To make it easier to pown them?

PSYCHIATRIST: Here we go again. Let's end our session, here. James, I want you to reflect on all the stuff we've been talking about. The good and the bad. Only then will you grow. Understand?

JAMES: I get it, I get it; keep the chocolate for myself!

PSYCHIATRIST: For the record, James is trying to shake my hand.

JAMES: Go on. Give it a good shake.

PSYCHIATRIST: Don't touch me.