

Hello, reader. I recently said that if I didn't do any exercise, I would eat a lethal amount of chocolate. I apologise to chocolate companies for suggesting their products will kill you. They CAN cause diabetes obviously if you overindulge, but too much of literally anything can kill you. Without that being explained and with the fact it's known that I'm being treated for paranoid schizophrenia, someone out there could have assumed I thought something genuinely sinister was going on. But there isn't. If chocs did cause truly easy deaths, you'd look at their adverts very differently. There was a very old advert about choccy biscuit brand 'Club' that went 'If you like a lot of chocolate on your biscuit, join our club.' Because of people like me, many would assume Club was not just a confectionary manufacturer, but some kind of terrible death cult. Many would therefore like the brand to accept responsibility and make their adverts more honest. How would such an advert go? Maybe something like 'if you like a lot of chocolate on your biscuit, join our cult', or 'If you like a lot of chocolate on your biscuit, join us, but first give us all your money and possessions.' They say all publicity is good publicity, but surely Club would be shooting themselves in the foot, there.

Also if you do have diabetes don't worry as it's easily treated! Is schizophrenia easily treated on the other hand? Am I an example of a true psychiatric success? Probably not. It may shock you when I say I am actually a lot better than I used to be, though. Beggars belief, doesn't it? I also said progressive metal band Threshold's lyrics didn't make sense, but would you believe I didn't bother listening to the whole song I was talking about? I assumed no one would listen to the song to check it, but of course that's not the point. Maybe I said that about the band, because my dad wrongly told me 'Far Beyond the Sun' by Yngwie Malmsteen was ripping off a Beethoven piece of music. I repeated that 'fact' in a college essay, and as no one seemed to check it, I got away with it. The classical composer has written a hell of a lot of music, so maybe the person marking my work thought to himself 'screw it, Simon's probably right.' Around the same time, I also wrote about a song by doom metal band Unholy, because I've always been intrigued by them. I mean their songs are SO dark. Again, I'm assuming no one listened to the track I was talking about as I received no funny looks. I sure have seen my fair share of horrified stares when playing the music. I showed it to an old guitar teacher and he just looking at me like '... get the hell away from me.'

Maybe I should apologise to my dad as actually Beethoven's 5th is at least kind of similar to FBtS, but he said it was exactly the same, and I'm assuming he said it to annoy me. Oh yes, and I should apologise for mentioning pizza AGAIN and milkshakes too. Or rather over and over again, I mean wow. It's good for Papa John's though. No I've just remembered, my dad also said Yngwie's 'Now Your Ships Are Burned' is a ripoff, and in that case he didn't provide any musician to compare Yngwie to. He's obsessed with tarnishing the guitar legend's name! Little does he know I can tarnish what he used to listen to. Smoke on the Water by Deep Purple? The riff isn't original, how's THAT feel? Now I guess I should apologise to Deep Purple. Yes it's true the riff has largely been ripped off, but the hard rock version isn't swung and clearly isn't jazzy like the original. So there you go. I'm not saying sorry to my dad, though. And at least I didn't say Beethoven wrote the riff and then tell my pa to write an essay about that. THAT wouldn't go well for him. Errrr moron! Lastly, the intro to Stairway to Heaven is largely unoriginal. And to wrap things up... powned. Twice!