

BEN: Hello, listeners! James is back because the local mental home has let him loose for the day!

JAMES: Howdy.

BEN: Feeling good?

JAMES: There are ups and downs, just like everyone has ups and downs.

DAN: I heard how you got fired three times in three days. I'm guessing that was a down?

JAMES: Yeah, well... I wasn't getting paid, so.

DAN: Getting sacked from voluntary work is even worse.

JAMES: Yeah. Well.

DAN: And what are the ups, exactly?

JAMES: I've had a great pot noodle!!

BEN: ...

DAN ...

JAMES: So yeah...

DAN: Is that all?

JAMES: I've been allowed to be part of this podcast again... Granted I have to spend time with you, but...

DAN: Spend time with me? Spending time with you is like being with a bomb, but when the bomb explodes, people don't die, no no, crap flies everywhere!

BEN: That was great! A perfect comparison!

DAN: I've been working on it in my spare time. I knew I'd be able to say it very quickly.

JAMES: It's just...

DAN: Because I've been more than courteous to you as always. YOU on the other hand really are relentless, you simply NEVER stop. You've...

JAMES: I crashed your car after getting fired and after thinking to myself 'screw it', then I payed someone to bomb your Spanish holiday home, put out rumours on the internet that you're part of a terrorist group, moan, moan, moan.

DAN: Moan, moan, moan??? I've had a very long meeting with MI6 because of you! Do you know what that was like??

JAMES: Exciting?

DAN: No. It was scary. Very, very scary.

JAMES: You tried to scare them away?

DAN: No. First up I didn't even say that, second, that's what YOU would do.

JAMES: Right.

BEN: You can't try and scare the secret services, James! You must know that???

JAMES: Teach them a lesson.

BEN: Teach them a lesson???

JAMES: Yeah.

BEN: And what lesson is that?

JAMES: Well done. You got me.

BEN: 'You got me'. Is that you growing as a person?

JAMES: I've been let out of my mental home again, haven't I?

BEN: For how long?

JAMES: Just the day.

DAN: Is it good there?

JAMES: No.

DAN: Why not?

JAMES: All people do there is watch TV and get steel drum lessons. Do you know what it's like getting lessons for the most random instrument in the world? They serve no purpose, the teachers know that.

BEN: I thought you'd like that kind of lifestyle...

JAMES: Nope.

BEN: There must be other things to do there?

JAMES: Badminton.

BEN: Fun?

JAMES: No, one of the mental health nurses kept doing the same move over and over again to me, and it always outsmarted me. However... one of the other mental health nurses wasn't effected by the 'special move' at all and he kept beating the annoying person. That was very satisfying. (Based on a true story - Simon).

BEN: What about art therapy?

JAMES: No, I didn't like that at all.

BEN: Why not?

JAMES: The look of horror on the art therapist's face has never left me...

BEN: I see.

JAMES: I mean she was SO shocked.

BEN: Ok.

JAMES: I showed the other patients my doodle, and they weren't shocked, but then again they're mental, aren't they? Even so, they did wonder if I was ok. (Based on a true story - Simon).

BEN: Ok, I get the point. Do you have dreams of leaving the home for good?

JAMES: These podcasts are incredibly incriminating, you know?

BEN: Ah. Of course.

DAN: Have you tried lying?

JAMES: You don't smell, Dan.

BEN: Oh God.

DAN: You're implying I smell?

JAMES: Yes. Of biscuits.

DAN: I like biscuits...

JAMES: I'm guessing that's why you smell of them.

DAN: Do you know what you smell of?

JAMES: What?

DAN: Acid. It genuinely makes breathing a little difficult. I was going to talk to you about that.

JAMES: It's aftershave.

DAN: What's it called?

JAMES: 'Mental Pain.'

DAN: I've never heard of that. What's the brand?

JAMES: Nutter.

DAN: Was it given to you?

JAMES: Yes.

DAN: By one of your fellow patients?...

JAMES: Yes.

DAN: And did he make it himself?

JAMES: ... Yes. Out of petrol and, and I quote 'some other stuff'. Then he just smiled at me.

BEN: James, most people would feel extremely uncomfortable wearing aftershave made by a mentally ill person out of petrol and secret ingredients. Doesn't that bother you at all?

JAMES: No, everyone else was smiling and trying hard not to laugh... That's how I knew it was funny, and therefore a great idea.

BEN: They were trying not to laugh, because you've covered yourself in petrol given to you by a lunatic.

JAMES: He wasn't a lunatic actually, he actually seemed really normal. He's so trusted, he only spends a few minutes at the home. The rest of the time, he works at the local petrol station.

BEN: Ohhhh, I see what's going on here.

JAMES: What?

BEN: It's a practical joke, James. Someone who doesn't respect you very much has been following you around and persuading you to cover yourself in petrol. There is no Nutter brand. You've been tricked.

JAMES: You really think so?

BEN: I'm confident.

JAMES: Still, nice smell.

DAN: As you've been fired three times in three days, do you think you could ever find work in a petrol station?

JAMES: No?

DAN: Right. So if anyone ever met you in real life, all they would assume is you're a petrol thief.

BEN: Or maybe a car thief. Or motorbike thief. Any kind of thief wouldn't be at all surprising.

JAMES: Because the Nutter brand isn't real?

DAN: It really shouldn't be real. Say someone chooses to go on a date with someone and for whatever reason, they want to smell of leaking car engines. The date would be like 'that's a different smell... what's the brand?' Then the man would be like 'Mental Pain' by 'Nutter', and just like that, the day is completely ruined. Not only that, it's quite possible a mental health team would be called, but of course, that would make no difference to you, because you're hospitalised already.

JAMES: It wouldn't be a ruined date if you find someone likeminded.

DAN: Oh great, two crazy people going around smelling of petrol, staying in a mental home and getting accused of crimes they probably will end up committing anyway. That's really what the world needs.

JAMES: Yeah, well the world doesn't need two people smelling of biscuits, eating biscuits and going mad because all they do in life is eat biscuits.

DAN: Is that how you perceive me and my wife?

JAMES: Right.

DAN: But I'm hosting this podcast right now.

JAMES: Yes, for about five minutes. Then it will be back to the biscuits. What kind of life is that?

DAN: But you've visited my house. Were there biscuits everywhere? Was the whole place a mess because all me and beloved partner's lives totally revolved around the food?

JAMES: You pay a butler.

DAN: That you've never seen?

JAMES: He's just as shady as you.

BEN: Oh God.

DAN: Do you know what paranoid schizophrenia is?

JAMES: I don't have schizophrenia because I'm on meds. Are you on meds? No, meaning you DO have the condition.

DAN: Does that sound like logical thinking to you?

JAMES: First rate.

DAN: And on that inspiring, winning note, we're all out of time. Bye!