Hi, I'm James and you may know I've spent some time in prison. How did I survive there? I had to work things out for myself, but in the end I became top dog. So yeah, here's my very own list of what and what not to do when locked up. It's a little different to stuff I've found on Youtube, but I like to think of it as quirky and fun. Let's go!

Do

Snitch on EVERYONE. It's simply the easiest and quickest way to get out of prison. And not only that, you should spread lies about others if it helps you out. Sure, people will be a bit angry with you maybe, but as prison food is so famously bad, porkies are more than welcome, if you get what I'm saying. Mm. Bacon. However, when I tried to explain that to another prisoner, he wasn't having any of it and he punched me hard in the face.

Don't

Show respect to people. You need to show that YOU'RE the most important person in the building. Swagger when walking, laugh sarcastically at people's jokes, jump the queue for food, etc. As the saying goes 'How will people believe in you if you don't believe in yourself?'

Do

Buy other inmates. Sometimes all it takes is a bar of chocolate, and you have a body guard for life. Be warned though, NEVER try to buy a prison guard with chocolate as they WILL NOT be interested. Boy did I regret doing that. Turns out they can afford many thousands of the treats. My thinking was thousands of chocolate bars was too much, which may sound like the reasonings of an idiot, but well... I went a bit mad. :(

Don't

Make friends with others, because what's the point? Ok fair enough, I did try to make friends with someone but it ended in disaster when I cut some of his hair off and stuck it in a birthday card with the writing 'Best Friend Ever!!' That's all I have to say on the matter. :(

Do

Start fights with people. It simply shows to others that you're a badass. Rub your toes in their face when they're sleeping, tread on their shoes, anything goes. Be careful though, if you lose all of your fights out of say 50 you started, you will more than likely get laughed at!

Don't

Try to better yourself. Again, what's the point really? There's always a dominant egg out there who can take your job. If you want to learn how to cook with eggs on the other hand? Bake as many cakes as you like. Protein shakes are good too. Yum, yum. Actually, scratch that. I'll always be better than an egg. Now get the hell off my

podcast!

Do

Steal from others. Not just to get respect, but out of boredom. Your cellmate doesn't have anything to steal? Then cut of parts of his hair and store them in a pencil case. Doing so is also a great way of coming across as scary.

Don't

Shower. Don't know karate and can't defend yourself? Simply smelling bad can get people to leave you alone. Need to bend over, maybe because you dropped an item 'by accident'? Fart in someone's face.

Do

Cry in front of others. Show your sensitive side and people will buy you gifts and take the blame for some of the stuff you do. Worried about people getting mad at you for snitching? Worry no more.

Don't

Take threats seriously. You'll probably be fine.

Do

Try to interfere with other people's visiting plans.

Ok! That's all the stuff I could think of. Of course I don't want you to go to prison like I did, but if you snap and run a coworker down with a car, take what I said seriously. Of course I never did that, I got into trouble for impersonating a teacher (very much like in super fun film 'School of Rock'), but that's what I SAID I did. When it was found out I was lying things got even worse for me, bringing me to a topic I've just thought of now...

Don't

Lie!!!! Don't lie about how many policemen you've stolen from, how many weapons you can shove up your bum, or even your age and how youthful your face is, relatively speaking!

That's it from me, bye!!!!

Wow, short monologue, let's make it at least 800 words. Hm. I know, I can beef this up article by discussing a potential situation. We all know prison food sucks and how much those locked up miss proper meals like beef. Therefore it's good to have beef with someone? That's what I'd have thought, too. If someone says they have beef with you (seemingly because they can't speak English properly and can't work out how to say 'they WANT some beef with you') don't smile and say 'sounds good, I'd like some beef, actually I'd like as much beef as possible lol', run. Awesome, 800

words exactly. (Before 2nd drafts, anyway). Bye!