

Hello, this time I would like to apologise to the mental health services for accusing them of being in my words 'sadists' for lying about me having a weakened immune system (turns out they were telling the truth, but I'm better now) and for saying toothpastes don't make your teeth two shades whiter. Again, I was actually given proof my white blood cell count was lower than normal as the nurse showed me the graph. Yes, it's not exactly hard to alter graphs, but that's an even worse accusation. Speaking of the graph, I noticed how the green section was huge, as was the red, but the amber section (which was what I was in) was tiny. That means if I was a little bit more ill, I'd be in the red zone which is a troubling thought. Personally I'd add another zone, that being the black zone, just for the sake of the graph being less vague. If you're in there, a breeze would probably kill you! So yeah, I suppose I've given people a very distorted image of psychiatric treatment. A troubled person would be hoping for if not expecting care and compassion, I've just said the doctors deliberately try to screw with you. As in 'oh no, I'm hearing things that aren't there and I think the secret services are after me! I need help right now!' Then the person calls a psychiatrist and gets told he's going to get a serious infection and die.

I also said that psychiatrists sometimes give patients the wrong directions. So, the poor person gets told he will die soon and then gets sent to maybe Burger King or the local golf course. That's not just a disturbing thing to happen to patient but those working for the restaurant as well. You know that scene in Falling Down where the main character asks for breakfast, gets told he's too late and then the guy pulls out a gun? Well, crazier things have happened, you do hear of staff getting seriously threatened when they give customers the wrong kind of sauce for example, that guy was REALLY angry, I saw it on the internet. Well think of a very strange variant of that scenario with the confused therapy seeker. I don't like being given the wrong kind of sauce as well, but when that kind of thing happens I simply tell myself that things may be annoying right now, but there's always next time. For me to pull out a gun? Maybe I'd snap after the 100th time? But I'd just go to somewhere else before that happened, I could also leave a bad review. And not only would the wrong direction be seriously annoying, especially in times of stress, burgers aren't even good for you! At least get told to eat an apple. An apple a day keeps the doctor away, right? Well, I suggested they wouldn't visit you with or without the apple.

Now for the toothpaste apology. I'm sure teeth whitening TPs do work, otherwise they wouldn't be allowed to claim they do! It's like a hair company claiming their product is an effective dye, but it's just soy or HP sauce, people wouldn't put up with it. Also, I guess having yellow teeth isn't really that bad. Yellow is the colour of cheerfulness, whereas white subconsciously brings to mind death! When people see me smile, they don't think of death, they feel happy! Ok, psychiatry is a complex subject and white can also represent purity, but white teeth can at very least bring to mind death in a way at times, meaning oral hygiene is overrated. My favourite colour is black which represents evil OR it could simply mean I'm introverted, and I THINK it suggests I pay attention to details, as well. It's true, I do proofread my writings over and over again. (I'll say it again, Grammarly is the work of the devil, although calculators are fine). Sure I may potentially snap at fast food employees after some rather extreme misunderstandings, but dammit my blogs are polished. Does the guy who threatened the staff have polished blogs? Probably not, (ranting maybe) so things can easily be worse for me.

I suppose I should say sorry for saying hair products could be soy sauce. Not only could that lead to anger, it could also lead to people putting hair products on their special fried rice! How would violent criminals react to that? I mean that's well beyond getting the wrong sauce, that's something that is surely very hazardous, they'd be mad! Let's just Google what would happen if you drank hair dye... Yep, it's a medical emergency. Not only that, the hair product apparently tastes like plastic or cardboard. Mm, delicious. Not. I have heard pizzas being described as tasting like cardboard, but I'm 100% such pizzas don't have hair dye in them, that's something I want to make particularly clear!! Oh wow, I've just done another internet search and actually, soy sauce CAN work as hair dye! It's not perfect though, it will result in you smelling of a Chinese restaurant... Believe it or not, the sauce lasts about three weeks! (Interestingly HP sauce doesn't work at all, though). I'm wondering what other foods work as hair dye... How about dark chocolate? It does!!! Wow, I wasn't really expecting that either, I'd imagine it smells really nice too. Clearly OAPs have lots of fun options. They may be perceived as somewhat desperate, but who doesn't want chocolatey hair?? And on that inspiring note... Bye!