

Most of us know that having a personality disorder is exactly the same as having a super power. Different disorders, different powers. Why are they called disorders by psychiatrists? To try and stop others from getting them. Out of jealousy. Those 'afflicted' will know the following phrase: 'PDs are like Pokemons - gotta catch 'em all'. However, there are also drawbacks and I'll be getting onto those, too. First up are the cluster A disorders. Well that's what most people think they are, actually the person writing the DSM V got confused, and it should have been called 'cluster eh?' Why? Because cluster ehs (or the eccentric cluster) frequently confuse others. For example a cluster eh schizotypal person may for whatever reason decide to wear shoes on his head. And of course, the reaction would be 'eh?' Now let's write about all of the so called disorders.

Cluster Eh.

Paranoid PD

Paranoid people are the kind who hear something like 'Have a nice day!' and respond by flying into a vengeful rage. Completely ridiculous, but again, it's cluster eh, isn't it?

Super power

Extremely vigilant people.

Weakness

There is no need to be vigilant!!

Schizoid PD

Schizoids are people with few if any emotions, kind of like computers. Here's a thought, if computers ever end up gaining consciousness, will THEY ever have SPD? If that's considered a problem, MAYBE computers could be fitted with emotions! However, that could go wrong too, and your computer could end up over emotional and having borderline personality disorder! Imagine that!

Super power

Schizoids can do amazing things like count to a million.

Weakness

Is prone to wasting his/her life.

Schizotypal PD

Wear your shoes like a normal person!

Super Power

Have great imaginations!

Weakness

They believe their imaginations are real.

Now we move onto the dramatic and erratic cluster 'B'. Actually, it's cluster BEE. Why? Because bees are dramatic and erratic, too.

Borderline PD

Apparently psychiatrists actually admit the naming of this example is wrong, it should be emotionally unstable personality disorder. (Or super power). You know I think it should be called?: Normal behaviour, get over it.

Super power

Life of the party!!

Weakness

Are prone to mini bouts of depression, like bipolar lite!

Narcissistic PD

I'm sick of all the videos there are on Youtube about narcissistic people. How to get away from such people, how to fire them, how to annoy them, etc. Where are all the positive videos? It's good to be confident!

Super power

You're better than other people!

Weakness

There are countless people out there giving very long, deep and well planned speeches on how you suck.

Histrionic PD

Is this one REALLY considered a personality disorder? I'd say histrionic people are fun. At very worst they're annoying. Who cares?

Super power

Make interesting frontmen...

Weakness

?????

Antisocial PD

You'd think there'd be more Youtube videos about this disorder as it's much worse, but I guess life isn't fair.

Super power

Really good criminals.

Weakness

People with antisocial PD are antisocial, aren't they? Simple. And of course such punky people hate the more than necessary government, and they play overly simple music, too. Catchy stuff though, at least.

Now we move onto cluster 'C'. (Actually it's cluster see. Why? Because people with cluster see 'condition' OCD PD overly check things. The overly see).

OCD PD

I'm not exactly sure what the difference between OCD and OCD PD is, but that's not going to stop me sharing my views. I could read the Wikipedia article, but I'm not OCD PD enough to do so. If only I was. Try saying PDs aren't super powers now. You can't can you.

Super power

Some of the best proof readers on the planet.

Weakness

Have an extreme and bitter rivalry with the spellchecker function found on most computers.

Avoidant PD

Oh, so avoiding most people is a disorder, but when they avoid me that's fine? How does that work?

Super power

Time spent avoiding people can lead to interesting pastimes such as noodling on guitar.

Weakness

Anxiety. But look on the bright side, if a schizoid could feel anxiety, that suggests he's healing mentally!

Dependent PD

If you're avoidant and dependent at the same time, sadly you're pretty screwed...

Super power

At least they trust people!

Weakness

Can trust people who are mental.

... And now we move onto the personality disorders that don't seem to be in any cluster...

Depressive PD

Wikipedia describes at least some people with DPD as 'odious' which really isn't helping things.

Super power

Is immune to others who try to bring him/her down.

Weakness

Being depressed...

Passive Aggressive PD

Well which one are you?!

Super power

Better than being truly aggressive.

Weakness

Annoying.

Massochistic PD

These people are mental.

Super power

Is REALLY immune to others who try to bring him/her down.

Weakness

Sounds rubbish.

Sadistic PD

And these people are mental, too. The 'Pokemon' that shouldn't be caught so to speak... Don't like them.

Super power

Is saying sadists have a super power crossing a line? Sounds about right to me.

Weakness

I'd probably leave calling a sadist 'weak.' He wouldn't be happy.

To sum up, if you have 13 personality disorders you do have my respect, but sadly I consider you a rival and we can't be friends. However, if you have 14 that's too far, so please consider walking into your local mental home. No appointment necessary, I'm sure. :) Let's face it, you're not going to leave, but deep down inside you wouldn't really want to, would you? And on that note where everyone wins... bye!